











## PLANO WEST FOOTBALL

### Spring/Summer 2018

-  April 19<sup>th</sup> – 25<sup>th</sup>: week for final testing period for off season
-  April 24<sup>th</sup> – Kick-off meeting for **only Plano West Varsity and JV parents**; 6:30 PM; Presentation Room at Plano West (enter front door; turn left)
-  May 24<sup>th</sup> – Kick-off meeting for **all football parents (PW/Jasper/Shepton)**; 6:00 PM; Location: TBD
-  Spring Practice Dates:
  - April 26/27/30: 4:00 – 6:00 PM; PW practice fields
  - May 1/3/4/7/8/10/11/14/15/17: 4:00 PM – 6:00 PM; PW practice fields
-  Spring Scrimmage Times:
  - Scrimmage 1: May 2<sup>nd</sup>; Varsity/JV; 5:30 – 9:30 PM; Clark
  - Scrimmage 2: May 9<sup>th</sup>; Varsity/JV; 5:30 – 9:30 PM; Clark
  - Spring Game: May 16<sup>th</sup>; All Schools; 5:30 – 9:30 PM; Clark

NOTE: scrimmages may change so watch the mobile app for more info.
-  June 11<sup>th</sup> – July 26<sup>th</sup>: Summer Conditioning Program (off week of July 2<sup>nd</sup> – 5<sup>th</sup>); Will run 4 days a week (M/T/W/T) for Varsity/JV from 6:30 AM – 8:00 AM
-  PWSH Varsity & JV will participate in three 7 on 7 SQT's (April 28<sup>th</sup>, May 26<sup>th</sup>, and June 22<sup>nd</sup>) and two linemen challenges (May 12<sup>th</sup> and May 26<sup>th</sup>)
-  Key Summer Dates: August 17<sup>th</sup> – Pool Party; August 18<sup>th</sup> – Media Day; August 25<sup>th</sup> – Mom's Brunch; details will follow.

[Shepton & Jasper will have their own schedules for summer/fall. Please get updates from your coaches.](#)